

WHAT TO BRING EACH DAY

These items are items we ask families to bring on any given day their children attend Gidgillys. Please label as many belongings as possible.

- **Changes of clothes** – In case of any little accidents that may occur, weather changes or for messy play such as mud and water.

- **Water Bottle** – For independent access throughout the day.

- **2 pieces of Fruit** – To share amongst peers for morning and afternoon tea.

A snack with morning tea and afternoon tea, as well as a hot cooked lunch, is provided at the centre.

- **Sunscreen (if skin sensitive)** – We provide sunscreen, however, please provide an alternative if your child has sensitive skin or you prefer a different brand.

Further information is available from the Cancer Council NSW website www.cancerCouncil.com.au/sunsmart.

- **Bedding** – If your child is in the downstairs environment or the Starbugs. Please bring sheets/blankets for sleep/rest time. Fitted cot sized sheets fit best on our stretcher beds and cots.

- **Bottles/Breast Milk/Formula if required – MUST be labelled.** Formula needs to be divided into portions. Breast milk must have date expressed/defrosted, labelled on bottle also.

- **Nappies if required.** We provide wipes at the centre. If your child is sensitive, please provide an alternative.

- **Nappy Cream** – In case any nappy rash occurs during the day at Gidgillys

- **Comforters (teddies/blanket/dummies etc.)** – Educators try and discourage children bringing favourite 'toys' as such to ensure they do not get lost or broken but comforters for rest time or simply just a quick cuddle is encouraged for those times of distress or discomfort.